

### Abstract

A system and method for towing a water sports apparatus over a body of water behind a towing vessel. The system includes a rider towline for coupling a rider of the water sports apparatus to the towing vessel. The rider towline includes a distal end  
5 adapted to be gripped by the rider, to enable the rider to be pulled over the body of water on the water sports apparatus during forward motion of the towing vessel. The towing system also includes a lift apparatus coupled with the rider towline and adapted to lift the rider towline during forward motion of the towing vessel, so that an uppermost point of the rider towline is above and behind the towing vessel.